

The queen of fruits ----- freeze-dried strawberries

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Lovely and refreshing, they moisten the throat and teeth and can be kept for a long time. The use of freeze-drying technology allows for maximum retention of the nutritional content and attractive appearance of the strawberries. Linshu Huitong Food Co., Ltd. will give you great [freeze-dried strawberries](#).

Introduction to [the nutritional content of freeze-dried strawberries](#)

Strawberries are rich in nutrients, containing fructose, sucrose, citric acid, malic acid, salicylic acid, amino acids, calcium, phosphorus, iron and other minerals. In addition, it contains many vitamins, especially vitamin C.

Health benefits

1. Strawberries have a high nutritional value and are rich in vitamin C, which has a digestive effect and can treat loss of appetite.
2. Relieves fatigue, clears heat and detoxifies the body, generates thirst and diuresis.
3. Suitable for wind-heat cough, sore throat, hoarseness, cancer, especially nasopharyngeal cancer and lung cancer patients.

Precautions

Strawberries contain high levels of calcium oxalate and should not be eaten in excess by patients with uremia.

For more details, please visit <https://www.eqlic.com/detail/the-queen-of-fruits-freeze-dried-strawberries-china-356075>
