

Shree Hari Yoga

Shree Hari Yoga Logo

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[Shree Hari Yoga School](#) offers 100 hours, 200 hours, 300 hours and 500 hours of yoga teacher training course at Goa, Dharamshala, Gokarna, and Rishikesh centers. Mr. Hari Pawali and team train every individual effectively. All the paths of yoga Asanas, Pranayam, Meditation are covered in a standard way, Philosophy and Anatomy is also covered in detail and unique way which can be understood easily. Here following forms of yoga is taught Vinyasa, Yin, Ashtang, Hatha, Multistyle.

For more details, please visit <https://www.eqlic.com/detail/shree-hari-yoga-rishikesh-358003>
