## **Shree Hari Yoga**

ShreetHari Yoga Logo ShreetHari Yoga QR Gode

Address Shree Hari Yoga Center behind Kartik Resort House Number 71/1,

Junaswada Mandrem, Goa 403527, India

Contact Person Hari Pawali

**Mobile Number** 

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Shree Hari Yoga School offers 100 hours, 200 hours, 300 hours and 500 hours of <u>yoga teacher training course</u> at Goa, Dharamshala, Gokarna, and Rishikesh centers. Mr. Hari Pawali and team train every individual effectively. All the paths of yoga Asanas, Pranayam, Meditation are covered in a standard way, Philosophy and Anatomy is also covered in detail and unique way which can be understood easily. Here following forms of yoga is taught Vinyasa, Yin, Ashtang, Hatha, Multistyle.

For more details, please visit https://www.eqlic.com/detail/shree-hari-yoga-goa-velha-357135