

River City Counseling

River City Counseling Logo

Address

Contact Person

Mobile Number

Email

River City Counseling QRCode

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River City Counseling offers therapy services for individuals, couples, and families. Led by licensed Marriage and Family Therapist Steve DeBenedetti-Emanuel, the practice addresses issues such as anxiety, depression, relationship challenges, and parenting concerns. Steve employs various therapeutic approaches, including Acceptance and Commitment Therapy (ACT), Cognitive Behavioral Therapy (CBT), Family Systems Therapy, and Narrative Therapy.

For more details, please visit <https://www.eqlic.com/detail/river-city-counseling-sacramento-362506>
