Pooja Shashi Shekhar

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Pooja Shashi Shekhar

Empowering You Towards a Fulfilling Life Transformation

Welcome to Pooja Shashi Shekhar, your dedicated partner in steering life's journey towards success and fulfillment. As a seasoned professional Life Transformation Coach, I am committed to guiding individuals through their personal odysseys, catalyzing positive changes, and enabling the unleashing of your true potential.

Services Offered:

- 1. One-on-One Coaching in Los Angeles: Unveil your true potential through personalized coaching sessions tailored to your unique aspirations, challenges, and resources. Together, we'll navigate the intricacies of your life, setting precise goals and devising actionable strategies to ensure your progress and growth.
- 2. Localized Support Personalized Strategies for Houston Residents: Experience the transformative power of coaching, honed specifically for Houston locals. Whether it's overcoming anxiety, achieving a work-life balance, or enhancing parenting skills, I provide targeted guidance to empower you on your path.
- 3. 30-Minute Discovery Calls: Delve into a complimentary 30-minute one-on-one clarity call, allowing us to explore your challenges and aspirations. Limited slots available daily, book now to kickstart your journey towards a better you.

Life presents an array of challenges, some within our control, while others seem insurmountable. At Pooja Shashi Shekhar we recognize the need for a supportive, non-judgmental partner who can provide the motivation and guidance necessary to achieve your goals.

Common Challenges We Address:

- 1. Overcoming Depression and Anxiety: Navigate through tough times with resilience and positivity.
- 2. Balancing Family and Profession: Strive for harmony between personal and professional realms.
- 3. Building Character and Personal Growth: Embrace personal development and build resilience.
- 4. Enhancing Parenting Skills: Nurturing well-adjusted, thriving children.

Contact Details:

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Phone: 91 877-9043040 Business Hour: "Friday

10am-6pm

rst step towards transformative change with Pooja Shashi Shekhar.	
or more details, please visit https://www.eqlic.com/detail/pooja-shashi-shekhar-gurugram-359423	