

Manhattan Mental Health Counseling

Manhattan Mental Health Counseling Logo

Address

Contact Person

Mobile Number

Email

Manhattan Mental Health Counseling QRCode

303 Fifth Avenue Suite 1108

mentalhealthnewyork@gmail.com

Manhattan Mental Health Counseling is a leading psychotherapy practice offering affordable, high-quality mental health care to individuals across New York. We specialize in evidence-informed, culturally responsive therapy that empowers clients to navigate life's challenges, heal from trauma, and foster long-term growth. With a diverse team of licensed therapists and a strong commitment to accessibility, we provide both virtual and in-person sessions tailored to each client's needs. Our services include anxiety, depression, trauma, and relationship counseling, with a focus on holistic and somatic approaches. At our core, we believe therapy should be compassionate, consistent and truly transformative.

For more details, please visit <https://www.eqlic.com/detail/manhattan-mental-health-counseling-east-new-york-362906>
