

# Evolve Counseling Services

Evolve Counseling Services Logo

**Address**

**Contact Person**

**Mobile Number**

**Email**

Evolve Counseling Services QRCode

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evolvecounselingservices@gmail.com

Evolve Counseling Services in Fort Collins specializes in providing cognitive behavioral therapy (CBT) for anxiety, depression, and mental health challenges specific to college students, teens (16+), and adults. Whether you're struggling with racing thoughts, overwhelming stress, or feeling unmotivated and disconnected, our experienced therapists, Ben Smith and Lindsey Phillips, are here to help. We offer cognitive behavioral therapy for addressing issues like academic pressure, social anxiety, and financial stress. If you're looking for therapy for anxiety or depression, or need support navigating the complexities of college life, contact Evolve Counseling Services today.

For more details, please visit <https://www.eqlic.com/detail/evolve-counseling-services-fort-collins-362862>

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