



## **Everest base camp trekking**



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Everest base camp trekking is one of the frequently organized and most demanded trekking trails in Nepal. It is one of the classic trekking trails in Nepal. This is one of the most popular destinations in the world because the travelers are able to reach to the lap of the highest point of the earth, the Mt. Everest, 8,848 m and even have a summit on it. The trekking to Everest region has been popular in the world ever since, Sir Edmund Hillary and Tenjing Norgay for the first time made a successful summit on this highest peaks in 1953. Everest region is located in the north-east of the country in Solukhumbu district, the home of legendary and friendly Sherpa ethnic groups, who have earned their name and fame in the tourism sector primarily in the expedition.

Mt. Everest is famously known as Sagarmatha in Nepali and Chhumalungma in the Tibetan language lies between the Tibet and Nepal border, therefore, the travelers make expedition either from Tibet or from Nepal side. Everest trekking areas are protected by the Sagarmatha National Park which was established in 1976, covering an area of 1148 square kilometers. It is the home of various species of birds, animals and flowering plants and it is also believed that the Himalayan man known to be Yeti is found in this very jungle. The trekking to Everest base camp is not merely famous for having scenic views of the mountains including of Mt. Everest, you will also have an opportunity to summit on this highest peaks, if you are the adventure lover, if not, you can have astonishing views of peaks, glaciers, rocky hills, unique landscapes, serene nature, Buddhist monasteries and shrines, and remote Sherpa villages.

Everest base camp trekking usually consists of trekking in the high altitude area mostly covering above 3,000 m, and thus it is dobbed to be challenging trekking, however, it goes through the well-developed path otherwise, you can spend time around the low altitude areas basically exploring of scenic views of the mountains from a bit distance, exploring other cultural richness etc. The trekking to Everest base camp begins with short flight from Kathmandu to Lukla airport and then follows the classical route to Everest camp or begins with a day drive from Kathmandu to Bhandar (Earlier the trekking begins from the place called Jiri, but these days the bus available up to Bhandar, a gateway to Solukhumbu) and follows the classical route to the base camp. The trekking in this region can be shortened or extended as per the requirements and schedule of the travelers. After making the trips to the base camp, you will return back to





Lukla airport and fly back to Kathmandu or walk up to Bhandar along the same route and return back to Kathmandu.

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- Annapurna base camp trekking
- Nepal short treks
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- Everest base camp helicopter tour

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