

# Brain health solutions

Brain health solutions Logo

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Brain health solutions QRCode

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At Brain Health Solutions, we are dedicated to advancing mental wellness through innovative, evidence-based treatments. Led by Dr. Bota, a board-certified psychiatrist and Distinguished Fellow of the American Psychiatric Association, our clinic specializes in providing cutting-edge therapies for mental health conditions, including major depressive disorder .Srvices include Transcranial Magnetic Stimulation (TMS) therapy, depression medication management, psychiatric second opinions, and the revolutionary SAINT protocol TMS. Additionally, we integrate brain imaging kernel research and unique approaches like restoration through dance and medication to foster holistic healing. Located in Costa Mesa, we are committed to transforming lives by offering hope and restoring balance. Learn more about our services and how we create [support for depression](#) and mental wellness by visiting Brain Health Solutions.

For more details, please visit <https://www.eqlic.com/detail/brain-health-solutions-costa-mesa-360704>

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