

Ayurvedic Treatment for Autoimmune Disorders | Panchakarma Treatment in Delhi

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Autoimmune disorders occur when the body's immune system mistakenly attacks its own healthy cells, leading to chronic inflammation and various health issues. While modern medicine often focuses on symptom management, [Ayurvedic treatment for autoimmune disorders](#) aims to address the root cause by balancing the body's doshas (Vata, Pitta, and Kapha) and strengthening the immune system naturally.

One of the most effective therapies in Ayurveda is [Panchakarma treatment in Delhi](#), a detoxification and rejuvenation therapy that helps remove toxins (Ama) from the body. Panchakarma includes therapies like Vamana (therapeutic vomiting), Virechana (purgation), Basti (medicated enemas), and more, which help reset the immune response and promote overall well-being.

In Delhi, many renowned Ayurvedic centers offer customized **Panchakarma treatments for autoimmune disorders**, focusing on dietary changes, herbal formulations, and yoga to restore balance in the body. If you are looking for a natural and holistic way to manage autoimmune conditions, exploring **Ayurvedic treatment and Panchakarma in Delhi** could be the right choice for you

For more details, please visit <https://www.eqlic.com/detail/ayurvedic-treatment-for-autoimmune-disorders-panchakarma-treatment-in-delhi-new-delhi-361719>
