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Excessively large breasts can cause embarrassment, discomfort and often look aesthetically unappealing. Large breast often causes neck, shoulder, and head pain and stress on the spine. Breast reduction surgery aims to remove the excess fat, skin, and tissues from the enlarged breasts and provide an improved breast profile. In the surgery, liposuction may also be performed to remove excess fat. The vertical, donut or inverted techniques are used depending on individual preferences, surgeon's judgement and expertise. At Aestiva Clinic, the <u>female breast reduction surgery in Delhi</u> is performed by the best female plastic surgeon Dr. Mrinalini Sharma, so one can rest assured of desired outcomes.

For more details, please visit https://www.eqlic.com/detail/female-breast-reduction-in-delhi-new-delhi-355274